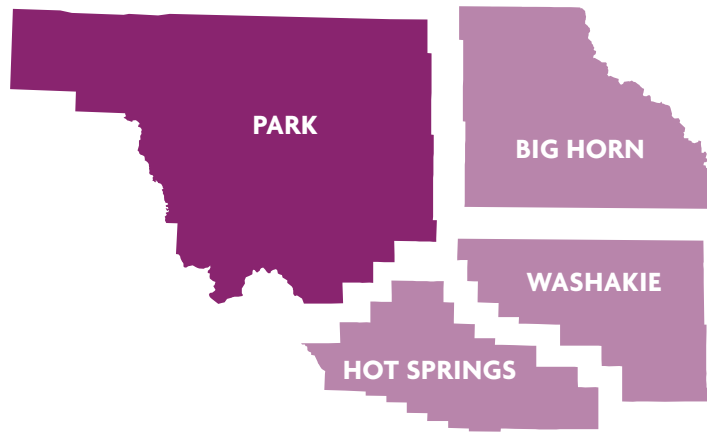


**Healthy
Park County**

A Park County Health Coalition Initiative

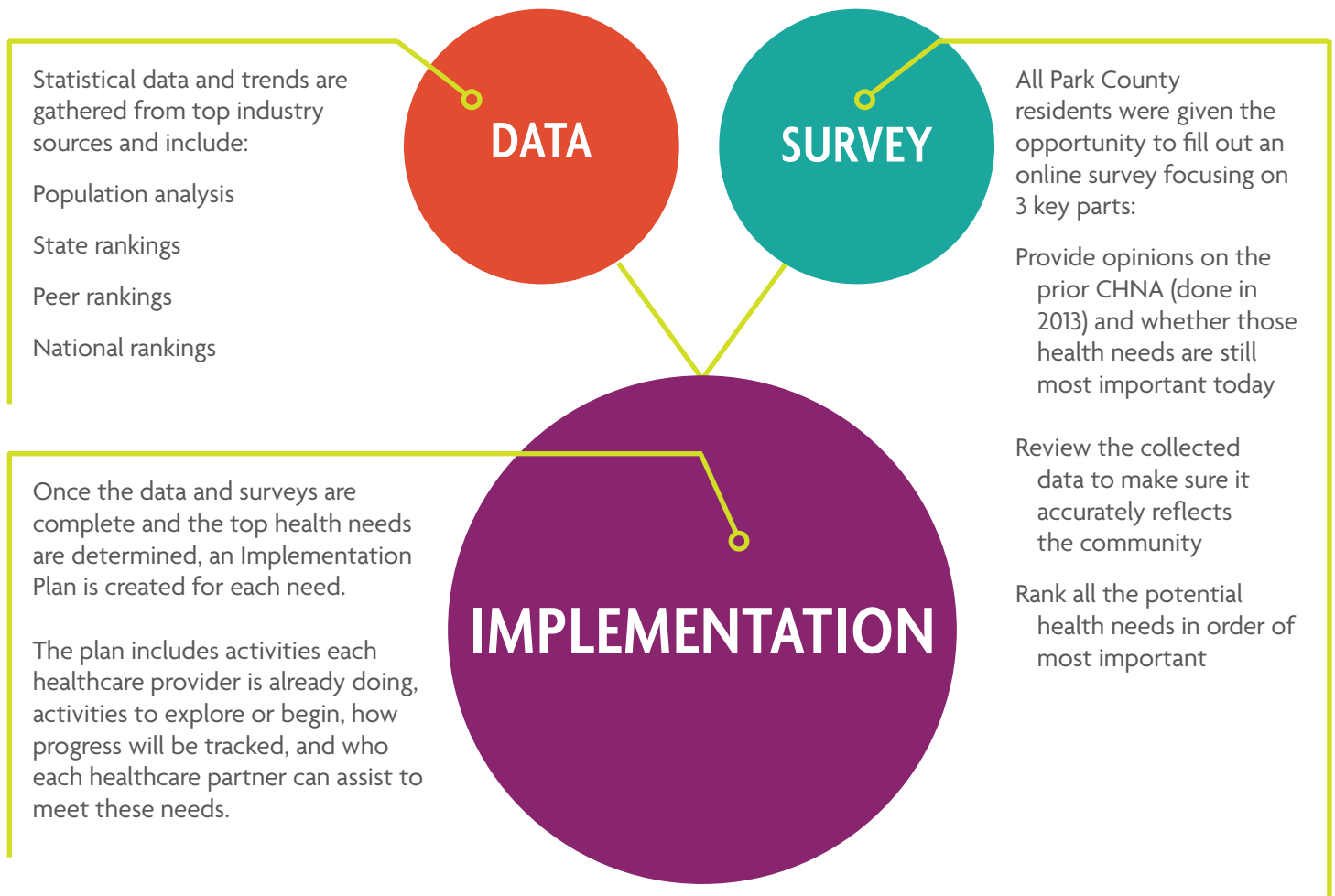
2019

Community Health Needs Assessment



Park County healthcare providers have come together to support the community in ways that go above and beyond providing care within their walls. To help determine the most critical health needs facing the area, these providers have performed a Community Health Needs Assessment (CHNA) that brings together county-level data and viewpoints throughout Park County. They then developed a plan for how it can help address the top health needs (see below).

Process



Statistical data and trends are gathered from top industry sources and include:

- Population analysis
- State rankings
- Peer rankings
- National rankings

DATA

SURVEY

All Park County residents were given the opportunity to fill out an online survey focusing on 3 key parts:

Provide opinions on the prior CHNA (done in 2013) and whether those health needs are still most important today

Review the collected data to make sure it accurately reflects the community

Rank all the potential health needs in order of most important

Once the data and surveys are complete and the top health needs are determined, an Implementation Plan is created for each need.

The plan includes activities each healthcare provider is already doing, activities to explore or begin, how progress will be tracked, and who each healthcare partner can assist to meet these needs.

IMPLEMENTATION

Data

DEMOGRAPHICS

	PARK COUNTY	WYOMING	U.S.
2019 Population	29,324	577,737	327,167,434
% Increase/Decline	4.0%	2.5%	6.0%
Persons in poverty	9.4%	11.1%	11.8%
% White, non-Hispanic	90.9%	83.8%	60.4%
% Hispanic	5.6%	10.1%	18.3%
Median Household Income	\$60,828	\$60,938	\$57,652
Median Home Value	\$236,200	\$204,900	\$193,500
Unemployment Rate (Aug '16)	4.2%	2.9%	4.2%
% Population >65	23.2%	16.5%	16.0%
% Households with a computer	90.0%	89.8%	87.2%

COMPARISON TO WYOMING COUNTIES



To better understand the community, Park County has been compared to all 23 counties in Wyoming across five areas: Health Outcomes, Health Behaviors, Clinical Care, Social & Economic Factors, and Physical Environment. Only areas where Park County is worse than both the state and U.S. best have been included.

	Park County	Wyoming	U.S. Best
Access to Exercise Opportunities	64%	65%	91%
Alcohol-impaired Driving Deaths	35%	36%	13%
Sexually Transmitted Infections [^]	164.2	351.5	152.8
Uninsured	15%	16%	6%
Unemployment	4.2%	4.2%	2.9%
Children in Poverty	12%	13%	11%
Violent Crime [^]	193	220	63
Long Commute - Driving Alone	19%	15%	15%

Data

POPULATIONS

82414	Cody	15,543
82435	Powell	11,949
82440	Ralston	154
82410	Basin	2,212
82412	Byron	605
82421	Deaver	354
82426	Greybull	2,760
82431	Lovell	3,404
82401	Worland	7,757
TOTAL		44,738

Cardiovascular disease is the leading cause of death in the United States and in Wyoming. In 2015, heart disease accounted for 21.6% of deaths in Wyoming. Stroke is the number five cause of death in Wyoming (AHA/ASA, 2015).

Suicide is a serious public health issue that impacts people of all ages and backgrounds. It is estimated that every 13 minutes someone in the United States (U.S.) takes his or her life and many more attempt suicide or have suicidal ideations. In Wyoming, on average, one person dies by suicide every two days. Suicide is the sixth leading cause of death, and the second leading cause of death for Wyomingites aged 15 to 44 years (2016). In 2016, Wyoming had the 3rd highest suicide rate in the U.S.

There were 136 diabetes related deaths in Wyoming in 2015 (CDC, 2015). In 2014, 8% of Wyoming adults were told by their doctors that they have diabetes (BRFSS, 2014).

Top 10 Causes of Death in Park County

01 HEART DISEASE

02 CANCER

03 ACCIDENTS

04 LUNG

05 STROKE

06 SUICIDE

07 ALZHEIMER'S

08 DIABETES

09 FLU/PNEUMONIA

10 KIDNEY

Survey

The Community Health Needs Assessment Survey was put together for quality data in support of the quantitative data collected. The survey was made available via public websites and coalition emails.

2019 Significant Health Needs According to Our Communities

Top 2 Health Concerns
Mental Health & Substance Abuse

A total of 466 individuals responded to the survey. Comments included:

“Vaping—especially middle and high school students.”

“There are significant efforts to focus on the health of young people, though the ability to meet the needs of the community, particularly with respect to mental health remains a challenge.”

“While suicide is still a major issue, I believe the issues should be expanded to include drug use and poverty issues as they tend to all go together in our area.”

“We have a great recreation department encouraging people to remain active.”

“Our schools do a great job of educating students regarding positive health choices.”

“Seems to be more mental health counselors in the area now and I think that helps a person find the right fit for their particular needs.”

“Parents who purchase their children vape products and chewing tobacco.”

“Acknowledging that drugs aren’t always the answer to mental health and depression.”

“Lots of “Cowboy” attitudes, which keeps people from seeking help when it is needed.”

“Overuse of the ER for non emergencies.”

“Mental Health issues sometimes have a negative connotation or stigma associated with them.”

“Mental health is looked upon as a weakness instead of an illness that needs to be treated like any other illness.”

“Are we competitive in quantity of services available? Are we competitive in quality of care provided? Are we willing to provide consumers clear information so that they can compare medical care based on price and quality in advance of service?”

“Financial barriers continue to prevent many from accessing healthcare when needed.”

“The doctors here do seem to sincerely care about the health of their patients.”

Significant Health Needs

In addition to the Community Survey, Park County health needs data was provided by Heritage Health Center through the SAC-based Needs Assessment and the Robert Wood Johnson Foundation County Health Rankings.

Based on this data, the following five health needs were identified as top Park County Health concerns. For more information on initiatives being implemented to address the following health needs, please contact Healthy Park County at <https://healthyparkcounty.org/contact-us/>.

1

Accessibility/Affordability

2

Suicide/Mental Health

3

Unintentional Injury/Substance Abuse

4

Obesity/Physical Inactivity

5

Cancer