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**AMERICA'S BEST
ADDICTION
TREATMENT
CENTERS
2024**

Newsweek

statista



Leading Recovery

page 10 Cedar Mountain Center, Nationally Ranked Among America's Best Addiction Treatment Centers

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OUR SERVICES

- | | | |
|---------------------------------------|---|----------------------------------|
| Acute Care/Critical Care | Internal Medicine | Psychiatry |
| Behavioral Health | Laboratory & HealthCheck | Radiology |
| Cancer Treatment | Long Term Care Center | Spiritual Counseling |
| Cardiology | Nutrition Services | Substance Use Treatment |
| Cardiopulmonary & Respiratory Therapy | OB/GYN | Surgical and Outpatient Services |
| Dialysis | Orthopedics | Walk-in Clinic |
| Emergency Medicine | Pharmacy | Women's Health & Nursery |
| Home Health & Hospice | Physical, Occupational & Speech Therapy | Wound Care |
| Hospitalist Program | | |

Vision The first choice for those who aspire to heal, be healed & lead healthier lives.

Mission To provide extraordinary healthcare to those we serve by people who care.

Values
Compassion
Integrity
Excellence
Innovation
Collaboration

Building Healthier Communities, Together.

Thank you for being part of this journey as we move forward with confidence and a shared vision for a healthier future.

As Chief Executive Officer of Cody Regional Health, it is my privilege to present our 2025 Annual Report, highlighting a year defined by growth, innovation, and resilience. The past year has been a pivotal one, marked by leadership transitions and continued dedication to excellence in healthcare.

From meaningful cancer awareness campaigns and essential mental health outreach to supporting local education through healthcare programs in schools, our staff continues to actively engage in initiatives that nurture the health and well-being of our region.

While 2024 saw significant changes with the retirement of Doug McMillan, whose visionary leadership we deeply respect and appreciate, it also ushered in an era of renewed commitment to serving our community with exceptional healthcare services.

As we look forward, we remain committed to proactively meeting the evolving healthcare needs of our patients, reinforcing our bonds with local organizations, and continuously seeking innovative ways to improve care through collaboration and strategic partnerships.

Throughout the past year, Cody Regional Health has reached important milestones, including expanded services in OB/GYN, Orthopedics, and Behavioral Health. We've also introduced advanced technological solutions designed to enhance precision in treatments and improve patient outcomes, reaffirming our dedication to delivering top-quality care close to home.

I extend my heartfelt gratitude to our dedicated staff, our supportive community, and all who place their trust in Cody Regional Health. Together, we will build upon our tradition of excellence and strive towards a shared vision of a healthier, stronger future.

Thank you for joining us on this journey.

Our community-focused initiatives and partnerships remain core to our mission.



Hannah McRae

A MESSAGE FROM OUR CEO

Expanding Women's Health Services

At Cody Regional Health, we are committed to being your trusted partner in women's health, providing expert care and support for every stage of life. Our Women's Health team has expanded to offer a wide range of specialized services, including Hormone Replacement Therapy (HRT), designed to help you feel your best and maintain optimal health.

With the latest advancements in medical technology and a patient-centered approach, our providers are dedicated to delivering personalized, compassionate care. Whether you're navigating hormonal changes, managing reproductive health, or seeking wellness solutions, we're here to support you every step of the way.

From routine check-ups to specialized treatments, our Women's Health team ensures that each patient receives comprehensive care tailored to their needs. By combining expertise with a compassionate touch, we strive to create an environment where every patient feels valued and heard.

SERVICES

OB/GYN
Breast Health
Labor & Delivery

Offering Mother's Milk Depot

We are thrilled to partner with Mothers' Milk Bank to bring a Milk Depot Donation & Outreach Center to our community. Your milk can provide essential nutrients and immune support to fragile infants who need it most.



Visit milkbankcolorado.org to learn more!



Andrea Chisholm, MD

Specializing in women's health with a focus on empowering patients through education and personalized care.



Lisa B. Williams, MD

Known for her dedication to creating individualized care plans and fostering a trusting provider-patient relationship.



Laura L. Pleban, ANP

A compassionate Women's Health Nurse Practitioner focused on addressing your unique health concerns.

Schedule an appointment with our Women's Health team by calling **307.578.2210** or visit **CodyRegionalHealth.org**.

Advancing Orthopedics

At Cody Regional Health Orthopedics, we are committed to providing cutting-edge care and comprehensive services to help our community stay active and healthy. This year, we are excited to announce the addition of Rebecca Knaff, our new Athletic Trainer, who joins us with 20 years of experience in sports medicine. Rebecca's expertise strengthens our robust Sports Medicine Program, allowing us to provide specialized care to athletes of all levels, from injury prevention to recovery and rehabilitation.

Our Orthopedics team, which includes skilled surgeons and providers, continues to lead the way in innovative care by utilizing advanced technologies like Visionaire and OrthAlign. These revolutionary tools enhance precision in surgical procedures, allowing our team to deliver improved outcomes and exceptional patient experiences. Our technologies customize surgical plans for each patient, ensuring accuracy and reducing recovery times.

Whether you're recovering from an injury, seeking treatment for joint pain, or preparing for a sports season, our Orthopedics and Sports Medicine teams work together to provide personalized, high-quality care tailored to your unique needs.

SERVICES

Sports Medicine
Minimally Invasive Surgery
Total Joint Replacement
Regenerative Medicine

Discover the difference advanced technology and compassionate care can make in your orthopedic journey. Call **307.578.2180** or visit **CodyRegionalHealth.org**.



OrthAlign is like having a high-tech GPS for your surgeon, ensuring everything is positioned for your individual needs.




Visionaire is a surgical technology that uses MRI and X-ray images to customize knee replacement surgery. It creates a 3D model of the knee and custom cutting blocks to help surgeons precisely position the implant.






“I felt supported every step of the way, not just as a patient, but as a person.”
 – Becky Cook

A Journey of Strength and Resilience

Becky Cook’s story is one of courage, determination, and the unwavering support of Cody Regional Health. Diagnosed with cancer in early 2024, Becky faced a journey filled with uncertainty and challenges. Yet, through it all, she displayed incredible resilience and hope, leaning on the expertise and compassion of her care team at Cody Regional Health.

From the moment Becky began her treatment, the Big Horn Basin Cancer Center team made her feel like family. With personalized treatment plans, advanced technology, and a focus on her overall well-being, Becky knew she was in capable hands. “The care I received was incredible,” Becky shared. “I felt supported every step of the way, not just as a patient, but as a person.”

Throughout her treatment, Becky found strength in the little things—words of encouragement from staff, a kind smile during a difficult day, and the knowledge that her care team was as invested in her recovery as she was. The holistic approach at Cody Regional Health ensured that her emotional and mental well-being were priorities, too.

Today, Becky is cancer-free and credits her journey to the partnership she formed with her care team and the advanced resources available locally. Her story is

a testament to the impact of compassionate, patient-centered care and the importance of having world-class medical services close to home.

Becky now shares her journey with others, offering hope and encouragement to those facing similar challenges. Her story is a shining example of what’s possible when strength meets support.

At Cody Regional Health, we are honored to have been part of Becky’s journey and remain dedicated to providing the same level of exceptional care to all our patients.



If you have more questions about our Cancer Center, visit [CodyRegionalHealth.org](https://www.CodyRegionalHealth.org) or call 307.578.2800.

Da Vinci Success

Cody Regional Health is proud to celebrate the incredible success of our Da Vinci Robotics Program in General Surgery. Over the past year, we’ve performed over 160 robotic-assisted surgeries, exceeding our initial goals and setting a new standard for precision and care.

This state-of-the-art technology allows our surgeons, Dr. Etter and Dr. Deal, to perform minimally invasive procedures with unparalleled accuracy, leading to faster healing times, reduced recovery periods, and improved outcomes for our patients.

By embracing innovation, Cody Regional Health continues to provide the highest quality care, ensuring our community has access to the best surgical options available.

Benefits

- Minimally invasive techniques
- Helping patients avoid large incisions
- Faster recovery times



Thomas Etter, DO

If you have more questions about our Da Vinci System, visit [CodyRegionalHealth.org](https://www.CodyRegionalHealth.org) or call 307.578.2043.



Rebecca Deal, MD



get to know us

Our Rehabilitation Services team is passionate about delivering personalized, compassionate care to help patients achieve their best possible outcomes. Each team member brings unique expertise and dedication to ensuring our patients thrive.

Help patients improve function, recover from injuries, and achieve their personal goals.

(Left to Right) Heidi Mayton, Cerissa Longshore, Monique Keenan, Laura Miller, Jeannie Delquardo & Heather Tucker

Rehabilitation Director, Occupational Therapist

HEIDI MAYTON

With over 15 years of experience as an Occupational Therapist, Heidi specializes in lymphedema therapy and oversees care across inpatient, swing bed, home health, and outpatient services. Her love for rural health lies in its variety, ensuring no two days are the same. Outside of work, Heidi enjoys time with her family and their many animals, including llamas, chickens, and dogs.

Physical Therapist

BETH NORDSTROM

With 36 years of experience, Beth brings a wealth of knowledge in home health, women's health, and sports medicine, including rodeo. Her patient-centered approach ensures creative and fun therapy sessions tailored to individual needs.

Physical Therapist

JEANNIE DELQUADRO

Certified in LSVT BIG therapy, Jeannie focuses on helping patients with Parkinson's Disease and working with the geriatric population, especially in the home health setting. Jeannie recently launched a Parkinson's Support Group at CRH and enjoys traveling, watching sports, and spending time with family.

Certified Occupational Therapy Assistant

HEATHER TUCKER

With a degree in Exercise and Sport Science from Oregon State University and a specialization in Occupational Therapy, Heather helps patients improve functional tasks for daily living. She enjoys the variety of patients she works with and loves spending time outdoors with her family.

Physical Therapist

LAURA MILLER

Since 2017, Laura has been an integral part of our acute care team. With a Doctorate in Physical Therapy, Laura enjoys collaborating with interdisciplinary teams to help patients recover. Outside of work, she enjoys traveling, and raising her two children with her husband.

Physical Therapist

MONIQUE KEENAN

A therapist for over 23 years and at Cody Regional Health for 21, Monique excels in outpatient orthopedics, manual therapy, and dry needling. She loves getting to know her patients and enjoys outdoor activities, camping, and reading in her free time.

Office Coordinator

CERISSA LONGSHORE

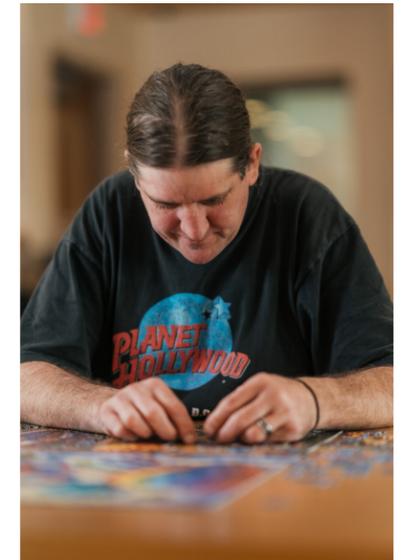
With seven years of experience, Cerissa is the friendly face welcoming patients to our rehabilitation team. She loves creating relationships that ensure patients feel cared for and supported throughout their therapy journey.

SERVICES

Physical Therapy
Occupational Therapy
Speech Therapy

To learn more about our comprehensive range of rehabilitation services, contact the Rehab Services at 307.578.2452 or visit CodyRegionalHealth.org.

- THE TWELVE STEPS
1. "We admitted we were powerless over alcohol — that our lives had become unmanageable."
 2. "Came to believe that a Power greater than ourselves could restore us to sanity."
 3. "Made a decision to turn our will and our lives over to the care of God as we understood Him."
 4. "Made a searching and fearless moral inventory of ourselves."
"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."
"Were entirely ready to have God remove all these defects of character."
"Humbly asked Him to remove our shortcomings."
"Made a list of all persons we had harmed, and became willing to make amends to them all."
"Made direct amends to such people wherever possible, except when to do so would injure them or others."
"Continued to take personal inventory and when we were wrong promptly admitted it."
"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."
 12. "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."



"It was an overall great experience... the staff challenged me mentally and physically every day to push myself into becoming a better person..."

– Former Resident

Leading Lasting Recovery

Cody Regional Health's Cedar Mountain Center (CMC) is proud to have been recognized on Newsweek's prestigious list of America's Best Addiction Treatment Centers. This award highlights our unwavering commitment to providing compassionate, evidence-based care for individuals seeking recovery from substance use disorders.

With a dedicated team of experts and a holistic approach to treatment, Cedar Mountain Center empowers patients to rebuild their lives in a supportive and healing environment. This recognition underscores the exceptional care we provide to our community and beyond. People often ask us what it

takes to be one of America's Best Addiction Treatment Centers. The most frequent answer our residents give is "compassion." "The people who work here saw me as a person not as an addict or a criminal". "They care deeply about me and show it in their interactions with me." "The staff talked to me about my behavior and taught me skills to manage my life and resolve or cope with everyday problems in a new way." Many of our residents report that they have been in residential treatment multiple times but Cedar Mountain Center is the place where they learned to incorporate coping skills into their everyday life. Other residents point to the unique integration of psychological testing, 12 step

program, attendance at community NA/AA groups, equine therapy, outdoor activities, and spiritual work, combined with therapy, medical, and psychiatric services to identify and treat their mental health and substance use disorders.

CMC utilizes a unique combination of treatment modalities and experiences to provide whole person (mind, body, spirit) care. Dialectical Behavior Therapy (DBT) is central to this approach. DBT teaches skills in Emotional Regulation, Distress Tolerance, Interpersonal Effectiveness, and Mindfulness that allow people to move forward with the ability to cope with the storms and stress of life. One resident

renamed our staff The Storm Chasers. He defined this as "people who hold a particular passion for seeking, finding, and studying the storms within people and then chasing those storms with the person and providing the right tools and teaching the right skills to calm the storms." We agree with his definition because only people who are passionate about what they do and deeply care about the people who come to them for help will walk into someone else's storm and guide them through. This is who we are and what makes us one of America's Best Addiction Treatment Centers.

Learn more about our award-winning services by visiting CodyRegionalHealth.org or call 307.578.2531.

Improving Health, One Gift at a Time

Donors to Cody Regional Health Foundation arrive at their gift giving from a range of perspectives. Whether they have personally experienced extraordinary care, have been grateful for the compassionate assistance for a loved one in hospice, or recognize the importance of excellent medical services in a regional rural community, all have impacted the future of Cody Regional Health through their philanthropy. Every gift is impactful, and it is visible across the CRH health care system.

In Fiscal Year 2024, members of the community supported life saving cancer medications for patients navigating their insurance deductibles or not yet approved for Medicaid; through donations to Spirit Mountain Hospice, family members facing a loved one's end of life saw portions of their hospice room and board costs covered; and our community members now residing at the Long Term Care Center

saw new room blinds and a major upgrade to furniture in all common areas.

Gifts to the CRH Foundation offer direct impacts for people who call Cody and the Big Horn Basin home. Whether you know someone riding on the Cancer Center bus, you met a volunteer in the corridors of Cody Regional Health, you joined the community Thanksgiving dinner, or you've experienced surgery assisted by the daVinci Surgical System, your world has been impacted by people who donated their time or treasure to the CRH Foundation. Your gift is a gift to all.

As we look to the future, the CRH Foundation is excited to be supporting a new transport van for the Long Term Care Center, funding the best possible EMS care through training grants, purchasing child car seats to the Emergency Department, and enhancing the surgical waiting area with a fireplace.



Providing Safe Car Seats Through Emergency Grant

We're committed to the safety and well-being of our community, and thanks to the dedication of our ER nurse, Hannah, and the generosity of the Cody Regional Health Foundation, we're now able to offer new car seats to families in need after a car accident.

Hannah's passion for patient safety inspired this program. After learning that car seats should not be reused following an accident, she recognized the need to provide safe, new car seats to families facing this challenge. Taking the initiative, she wrote a grant that made it possible to secure 9 brand-new car seats in various sizes.

When families visit our Emergency Department after an accident, they can feel reassured knowing their children have the protection they need. This program makes sure that every child receives a properly fitted car seat during this difficult time.



At Cody Regional Health, we believe that strong community connections are the foundation of good health. In 2024, we proudly hosted our Annual Thanksgiving Dinner, which brought together over 300 individuals and families from across the region to share a meal, express gratitude, and strengthen the bonds that make our community so special. This event is more than just a dinner—it's a celebration of unity, compassion, and the power of coming together to support one another.

One of the standout initiatives in 2024 was our Empower Recovery event. Designed to address the urgent need for education and support around substance use and mental health, this event provided attendees with valuable insights, resources, and tools to navigate these complex challenges. Featuring expert speakers and opportunities for open dialogue, Empower Recovery created a safe space for community members to learn, share, and feel supported. By shining a light on these critical issues, we aim to foster greater understanding, reduce stigma, and empower individuals to seek help when they need it. This event is part of our larger mission to address the mental health needs of our community and ensure everyone has access to the care and resources they deserve.

Additionally, our annual Honor Recovery event served as a powerful reminder of resilience and hope. This gathering focused on celebrating recovery, raising awareness for mental health and substance use disorders, and destigmatizing the challenges many face. Through heartfelt stories, resources, and a supportive environment, we were able to connect with our community in a deeply meaningful way, reinforcing our commitment to holistic care and mental wellness.



Classroom to Careers Program Inspires Future Healthcare Professionals

Cody Regional Health proudly partners with Cody Park 6 Elementary, Middle, and High Schools in our second year of the Classroom to Careers Program. This initiative connects students with healthcare professionals, providing hands-on learning experiences to inspire them to explore careers in healthcare.

Elementary School Once a month, a member of our team visits an elementary school classroom to teach students about various healthcare topics, sparking curiosity and building foundational knowledge about healthcare careers.

Middle School Every Friday, Cody Middle School students join us for 45-minute sessions with different departments. These hands-on experiences allow students to explore the diverse roles within healthcare and discover how teamwork is essential in providing quality care.

High School High school students engage in daily job shadowing and internships with our healthcare teams, gaining in-depth exposure to real-world healthcare environments. These opportunities help students identify their passions and clarify their career goals in the medical field.

OUR PROVIDER TEAM

Kristin Alcalá, MSW, LCSW
Behavioral Health

Lael Beachler, DPM
Podiatry

Greg Behm, MD
Orthopedic Surgery

Jimmie Biles, Jr., MD
Orthopedic Surgery

Steven A. Bischoff, PA-C
Emergency Medicine & Walk-in Clinic

Kirk Bollinger, MD
Emergency Medicine

Adair Bowlby, MD
Family Medicine

Kristopher A. Black, CRNA
Certified RN Anesthesia

Andrea Chisholm, MD
Obstetrics & Gynecology

Megan Davis, PMHNP-BC
Psychiatry

Connor Deal, MD
Hospitalist

Rebecca Deal, MD
General Surgery

Kathleen DiVincenzo, MD
Hospitalist

Kevin S. Dougherty, DO
Emergency Medicine

Tracy D. Dunn, C-FNP
Hospitalist

Stephen Emery, MD
Orthopedic Surgery

Tarra L. Deitter-Enright, DO
Internal Medicine

Thomas Etter, DO
General Surgery

Randy J. Folker, MD
Otolaryngology

Elizabeth A. Gauer, MD
Cardiology

Allen Gee, MD
Neurology

Marika R. Geertz, ANP
Psychiatry

Erik Goodwyn, MD
Psychiatry

Travis Graham, MD
Radiology

Lisa Harvey, MD
Family Medicine

Laurie D. Hipwell, ANP
Pediatrics

Andrew Hoene, MD
Emergency Medicine

James Johnson, MD
Anesthesia

James L. Johnson II, MD
General Surgery

Barton E. Jones, CRNA
Certified RN Anesthesia

**Stephanie Keane, LPC, LPC,
PhD, LAT**
Behavioral Health

Stephanie Knodel, MD
Emergency Medicine

Bradley Low, DO
Anesthesia

Christopher Lowther, MD
Internal Medicine

Stephen Mainini, MD
Wound Care

Brent A. McAllister, CRNA
Certified RN Anesthesia

Elizabeth McCleary, PCSW
Behavioral Health

Clint Merritt, PA-C
Orthopedic Surgery

Kathy Morris, LCSW
Behavioral Health

Emily Mundy, MS, PPC
Cedar Mountain Center

John Murray, MD
Emergency Medicine

Dale Myers, MD
Gynecology

Brad Overholser, MA
Behavioral Health

Rodney Palmer, PA-C
Walk-in Clinic & Emergency Medicine

Adam Peters, MD
Family Medicine

Laura L. Pleban, ANP
Obstetrics & Gynecology

Jeffery Poffenbarger, MD
Neurosurgery

Scott Pollard, MD
Psychiatry

Becky Poucher, MSW, PCSW
Cedar Mountain Center

Molly Quaranto, PA-C
General Surgery

Amy Randall, PA-C
Orthopedic Surgery

Christopher Randall, PA-C
Orthopedic Surgery

Thomas J. Reid, MD
Hematology & Oncology

Christopher Rice, MD
Orthopedic Surgery

Emily Risley, C-FNP
Internal Medicine

Christopher Rozelle, MD
Pathology

Mark Ryzewicz, MD
Orthopedic Surgery

Tanya D. Schnell, DO
Anesthesia

Peter Sidor, MD
Pediatrics

Ethan Slight, MD
Hospitalist

Courtney Spence, DO
Internal Medicine

Joshua Spinney, M.A., LP
Cedar Mountain Center

Cassidy Steward, FNP-C
Internal Medicine

Gregory Stewart, MD
Urology

Jeff Turner, PA-C
Orthopedics

Tiffany Tanner, PA-C
Internal Medicine

Mary VanNuck, CRNA
Anesthesia

John R. Vipperman, PA-C
Hematology & Oncology

Jennifer Warner, PA-C
General Surgery

Barry Welch, MD
Ophthalmology

Sally J. Whitman, PA-C
Gynecology

Sarah E. Whitlock, C-FNP
Emergency Medicine & Walk-in Clinic

Nancy Winkler, FNP-C
Behavioral Health

Lisa Williams, MD
Obstetrics & Gynecology

Sawley A. Wilde, MD
General Surgery

Derek Paul Wille, MD
Family Medicine

Alyssa Zantello, PA-C
Emergency Medicine & Walk-in Clinic



WEST PARK HOSPITAL DISTRICT

COMBINED STATEMENTS OF NET POSITION JUNE 30, 2024 AND 2023

ASSETS	2024	2023
Cash and Investments	\$96,807,620	\$84,623,119
Patient and Resident Accounts Receivable, Net	\$21,414,665	\$21,564,916
Other Current Assets	\$9,397,053	\$9,972,816
Capital Assets, Net	\$68,070,174	\$66,226,284
Noncurrent Cash and Investments	\$21,344,864	\$19,484,508
Other Noncurrent Assets	\$5,777,059	\$6,724,297
Deferred Outflows of Resources	\$459,552	\$490,188
TOTAL ASSETS and DEFERRED OUTFLOWS	\$223,270,987	\$209,086,128
LIABILITIES	2024	2023
Current Liabilities	\$12,806,320	\$13,053,996
Long-Term Liabilities	\$27,180,123	\$26,802,971
TOTAL LIABILITIES	\$39,986,443	\$39,856,967
Deferred Inflows of Resources	\$2,655,041	\$3,021,871
NET POSITION	2024	2023
Net Investment in Capital Assets	\$38,105,590	\$37,090,421
Restricted	\$2,912,077	\$1,657,157
Unrestricted	\$139,611,836	\$127,459,712
TOTAL NET POSITION	\$180,629,503	\$166,207,290
TOTAL LIABILITIES, NET POSITION and DEFERRED REVENUES	\$223,270,987	\$209,086,128



707 Sheridan Avenue, Cody, WY 82414
307.578.7501 | CodyRegionalHealth.org

*****ECRWSSDDM*****
RESIDENTIAL CUSTOMER



Cody Regional Health reflects on a year of growth and looks forward to 2025 with a commitment to making healthcare more accessible and of higher quality. Our goal is to provide everyone with compassionate care close to home by investing in new technologies, expanding services, and hiring skilled medical professionals.

Quality care is our main focus. We strive for excellent outcomes through innovative treatments, patient-centered programs, and continuous staff training while engaging with the community to promote healthier living.

Collaboration is essential for our progress. We work with local schools to inspire future healthcare workers and partner with community leaders to tackle important health issues. At Cody Regional Health, we are dedicated to improving the well-being of our region.

